



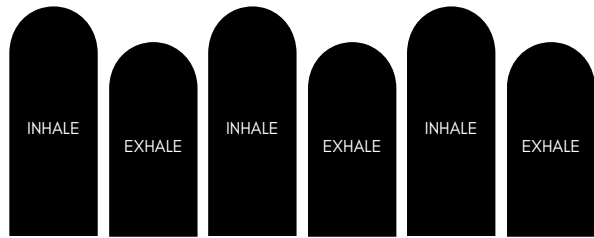
Beautiful Chaos
**GRATITUDE
JOURNAL**

**MY WEEKLY GRATITUDE JOURNAL
SEEING EVERYDAY MIRACLES AND
THE BEAUTY IN EVERYTHING...**

Beautiful Chaos

Morning Gratitude Practice

TAKE A RELAXING BREATH
BEFORE WRITING



- ✦ DAY:
- ✦ DATE:
- ✦ LOCATION:
- ✦ WEATHER:

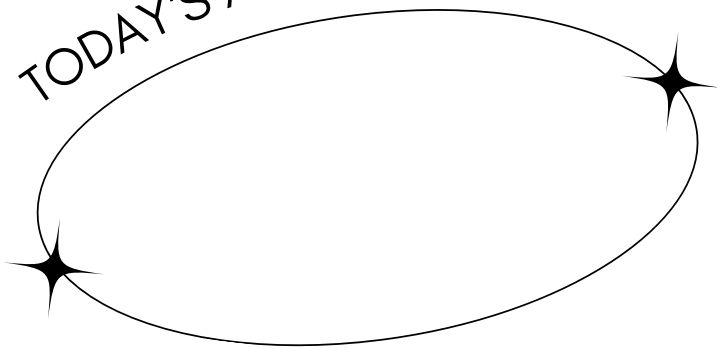
5 THINGS I AM GRATEFUL
FOR RIGHT NOW

TODAY I WANT FEEL, THINK,
BE & HAVE

- ✦ _____
- ✦ _____
- ✦ _____
- ✦ _____

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TODAY'S AFFIRMATION



DRAW A SYMBOL THAT
ANCHORS YOU IN GRATITUDE

I WILL SPREAD KINDNESS BY

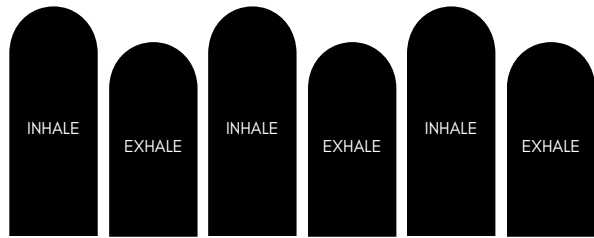
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"Gratitude Attracts Miracles"
Beautiful Chaos

Evening Gratitude Practice

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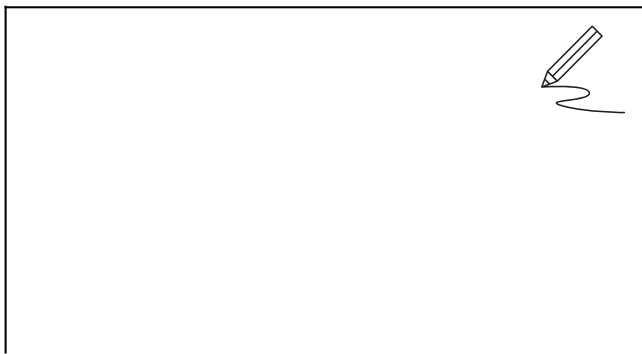
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5 BEST THINGS ABOUT TODAY

TODAY I WAS GRATEFUL FOR

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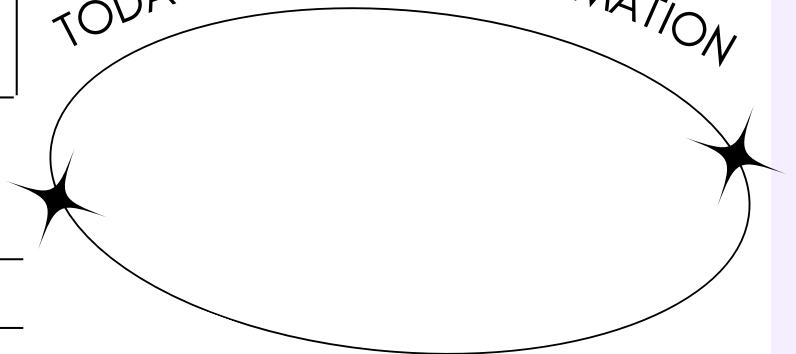
DRAW WHAT TODAY FELT LIKE



TODAY I LEARNED

✦ _____
✦ _____
✦ _____

TODAY'S CLOSING AFFIRMATION



"Gratitude Attracts Miracles"

Beautiful Chaos

Evening notes, thoughts, ideas, inspirations...

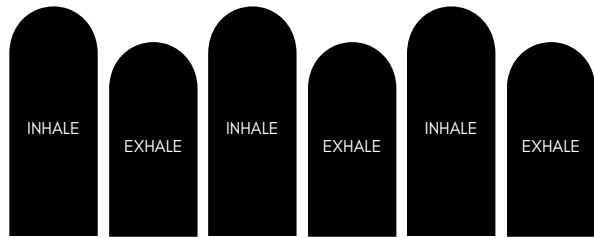
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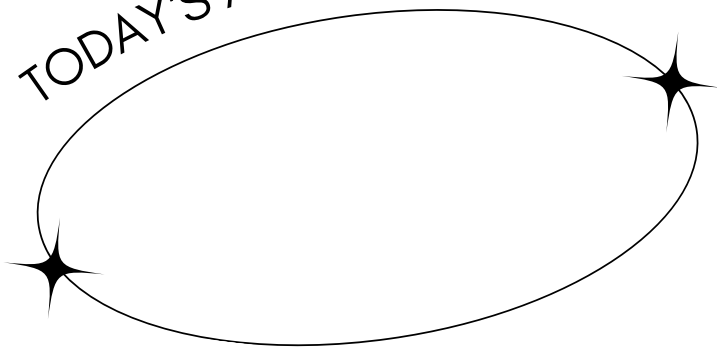
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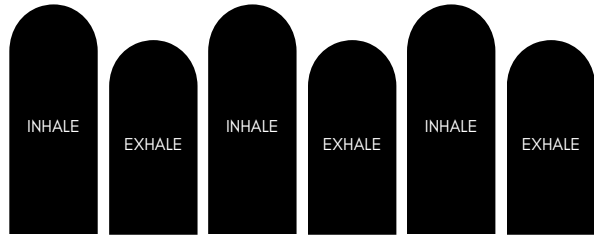
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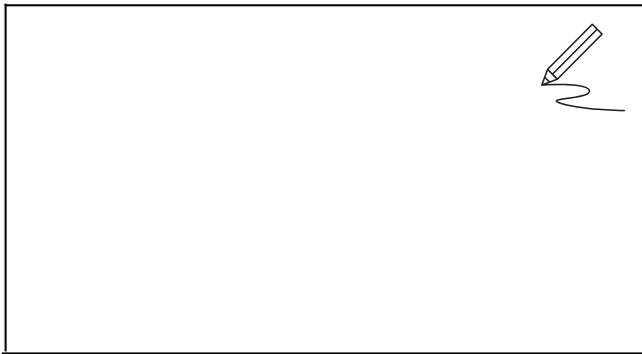
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TODAY'S CLOSING AFFIRMATION

TODAY I LEARNED

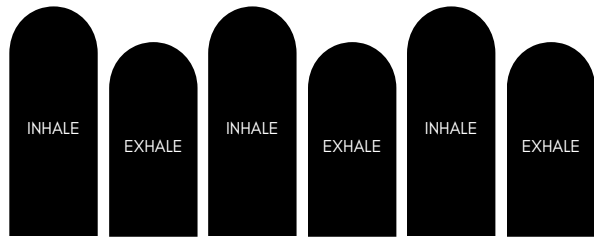
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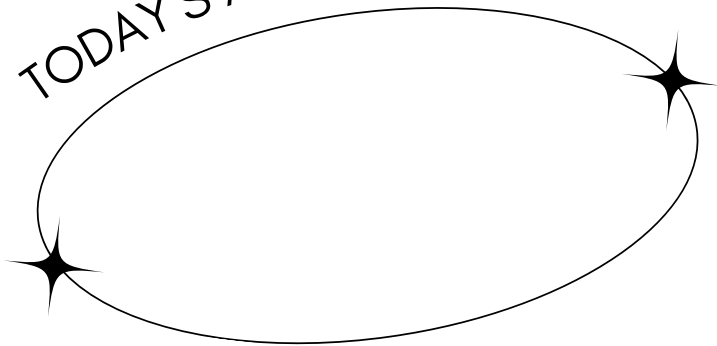
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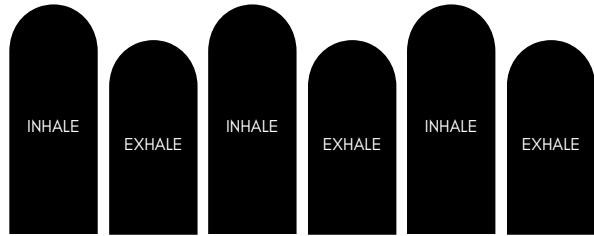
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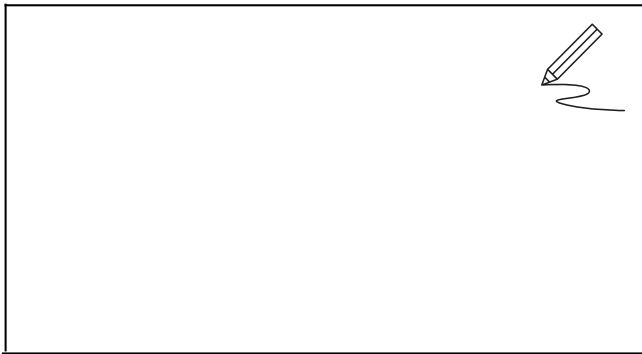
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DRAW WHAT TODAY FELT LIKE



TODAY'S CLOSING AFFIRMATION

A large, empty oval shape with a double-line border, intended for writing a closing affirmation. It has two starburst icons at its top ends.

TODAY I LEARNED

✦ _____

✦ _____

✦ _____

"Gratitude Attracts Miracles"

Beautiful Chaos

Evening notes, thoughts, ideas, inspirations...

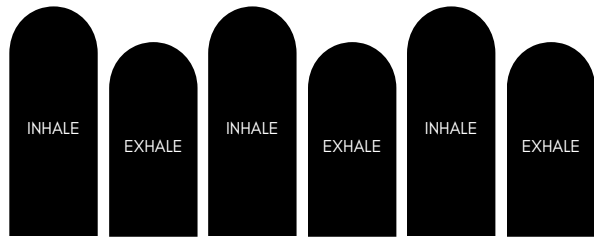
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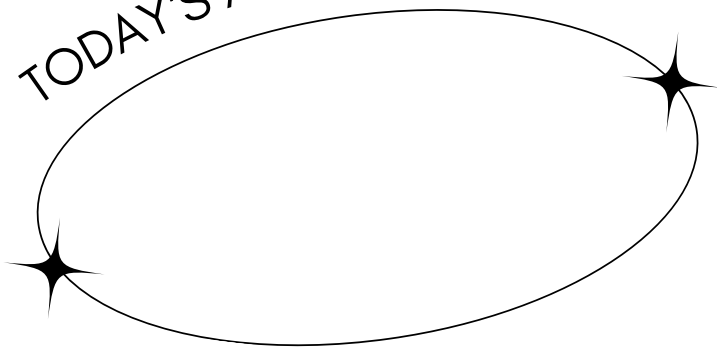
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TODAY'S AFFIRMATION



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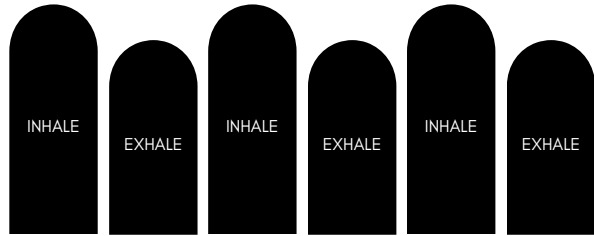
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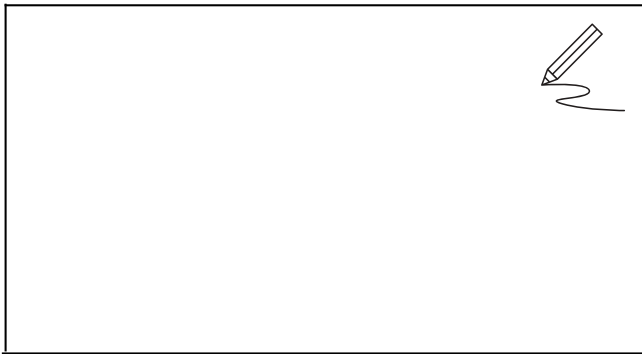
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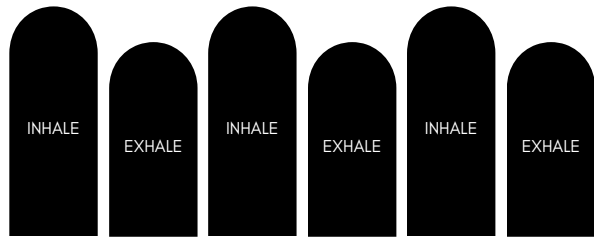
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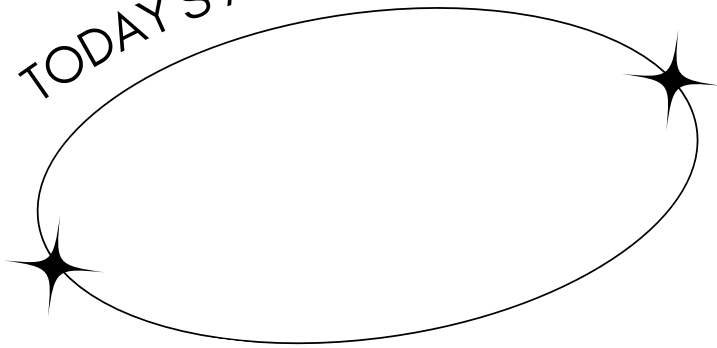
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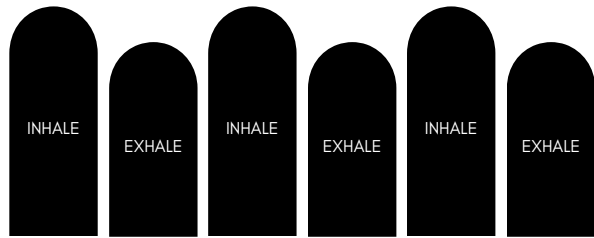
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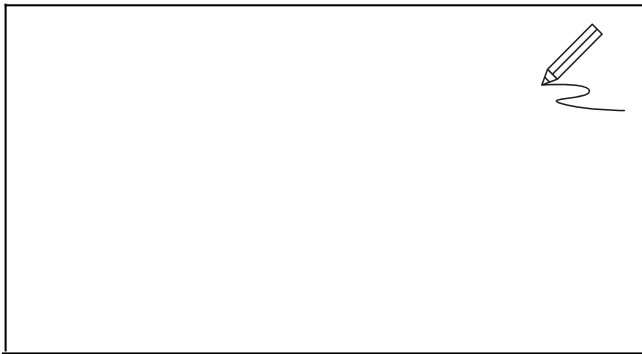
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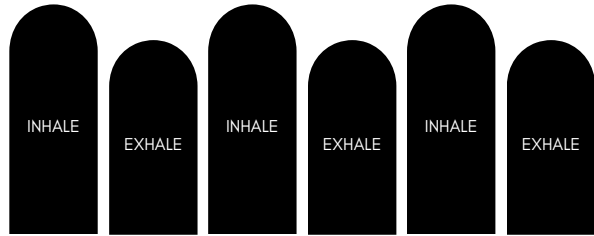
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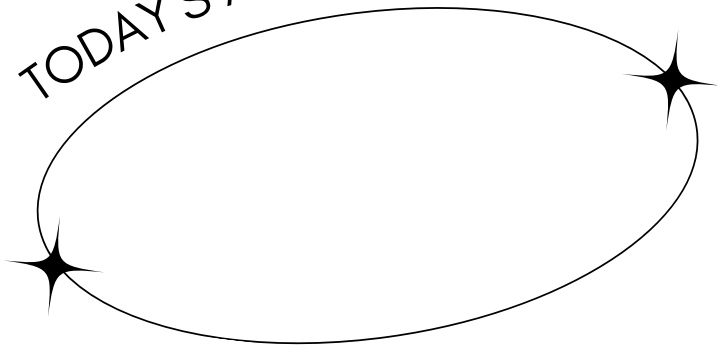
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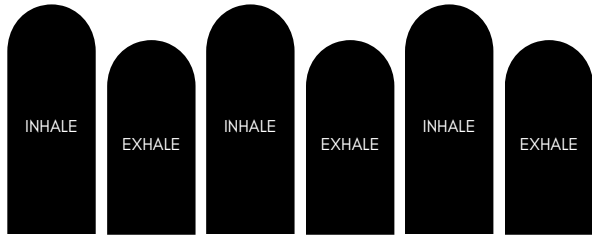
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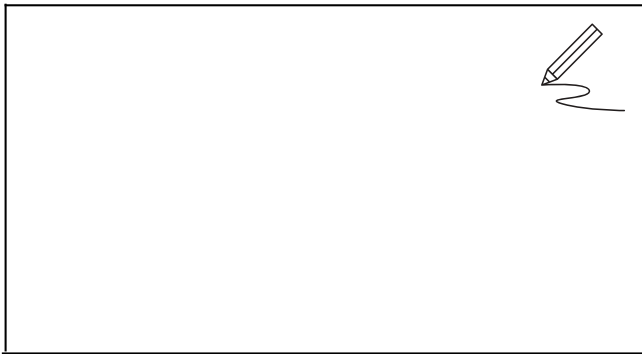
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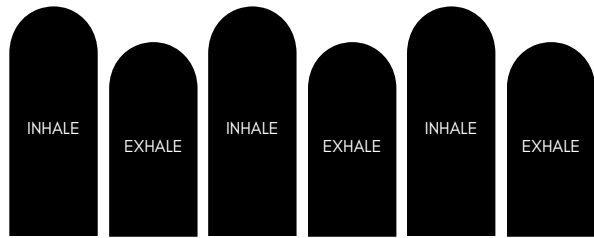
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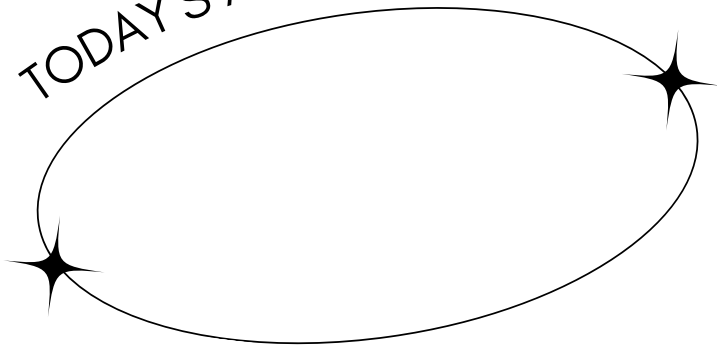
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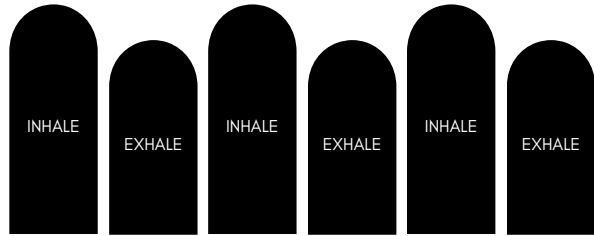
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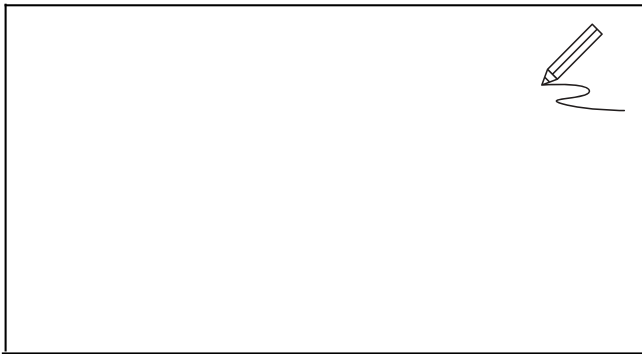
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Thank You!

With love & gratitude, from
the Beautiful Chaos Family xx